



AVONMORE
Primary School

Fox Federation

Avonmore Primary School
Avonmore Road
West Kensington
London
W14 8RL

0207 603 9750

office@avonmoreprimary.co.uk
www.avonmoreprimary.co.uk

Head of School – Maya Wittleton
Executive Head Teacher – Paul Cotter

Sports Funding allocation and outcomes 2021-2022

Sports Provision at Avonmore Primary School 2021-2022

Sports funding allocation 2021-22: £17,690 (PE and Sports Grant)

Approximate sports expenditure:

Sports Coach	£31404.00
PE curriculum and Games and Swimming	£2367.00

The following targets have been identified to improve the quality and quantity of PE at Avonmore Primary School. Some of the sports funding will be used to support these targets.

1. To report children's fitness levels from Years 3- 6 in mid and end of term reports.
2. To ensure all children in Year 6 compete from the school in external events; Inter competition.
3. To improve the fitness levels of all children from Nursery – Year 6;
4. Use physical interventions to target children who did not improve their fitness levels from 2018-2019 (covid)
5. To provide different sports activities during Friday lunchtime (run by the PE teacher and occasional children input)
6. To run a Federation sports day for children in Years 4/5/6 to ensure all children in upper KS2 experience competitive sport
7. H&F school sports package buy in – essential to our participation in Level 2 Sports
8. Purchase any equipment that could encourage physical activity in school. E.g. play-time equipment, gymnastics mats (still needed).
9. To provide high quality sporting opportunities before and after school
10. To engage the Avonmore Fundraising community in supporting the school's resources for learning, extending the funds used to support physical activity at Avonmore

Current PE provision

1. Full time Sports Coach who teaches most classes twice throughout the week. Average lesson 50mins. Sports include Tag-Rugby, Basketball, Football, Dodgeball, Handball, Netball, Hockey, and Dance. (Provided a staggered curriculum, teaching each class a different sport during the pandemic, ensuring students received as close to the full years provision as possible).
2. Swimming provision has been re-introduced following governments easing of COVID-19 guidelines.
2. All children at Avonmore Primary have at least two sessions a week.
3. Sports Provision for Nursery now at 5 sessions per week. Reception have 2x1hr sessions.





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4. Dance teacher teaching 2 hours a week. Classes rotate throughout the year.
5. Avonmore participates in annual LA Football, athletics, mini- marathon and LA sports festival competitions. Avonmore has recently introduced competitions matches with federated schools in the 'Federation Cup'.
6. Skipping ropes for PE – The school has made a big push for jumping rope as a whole body exercise. High intensity workouts that resemble cross fit programmes.

P.E Outcomes from 2021-22

1. With the COVID-19 Pandemic putting much of our usual physical activity and sport on hold, virtual competitions and challenges replaced traditional activity. Because of this, we were able to have all of our children compete in at least one external event in the 21-22 year.
2. Increased participation in LA organised sports events.
3. Avonmore are hoping to re-enter weekly competition and sporting trips as soon as possible in 21-22, to get as close as possible to the above targets.
4. We are looking at expanding our offer of BSC & ASC provision to 4 sessions per week, with a variety of 4 sports including Dance from April 19th.
5. This year Avonmore Primary School has to make creative use of all staff and playing areas to ensure the quality of PE was maintained throughout the year amidst the COVID-19 Pandemic
6. Whilst in Lockdown (due to COVID-19 Pandemic), Avonmore was able to deliver virtual PE, online resources, and virtual challenges in attempt to maintain physical provision for the children.
7. Children were fitter as a result of starting and ending all PE lessons with running, Daily Mile Tests and running diagnostics demonstrate Avonmore's emphasis on running capacity as well as technique. Daily Mile Test and Bleep Test results demonstrate that this year most children are running for longer and with stronger technique.
8. Increased YN provision from 2 to 5 sessions a week.
9. Emphasis of importance on breathing techniques to encourage recovery, and promote wellbeing. All children at Avonmore have adopted "Balloon Breathing".

Ensuring Improvements are sustainable

1. Providing high level and inclusive sporting opportunities E.g. clubs and competitions before and after school.
2. All TA's attend 1 hour TA play-time physical activity training on INSET days.





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3. PE teacher PM targets feed into the overall sports strategy for Avonmore and the Federation.
4. PE fund is supported by all-inclusive fundraisers engaging both the children and adults in the community.
5. Planning resources have been made available to all staff, ensuring consistency of practice and quality assurance in PE.
6. We are now providing electric planning tools for all staff. Covering appropriate warm up & cool down routines, as well as allowing staff to have a universal tool to plan PE lessons.
 - Next Step; observe staff delivery in one area of the PE lesson I.E the warm up, main activity, or cool down. Feedback and Action Plan's will be provided by Mr. McCann upon completion.

Next review: July 2023

